

Recreation Level



Revised 2005

Taken from: U.S. Youth Soccer policies effective September 1st, 2003

	U6 for 4 and 5 year olds	U8 for 6 and 7 year olds	U10 for 8 and 9 year olds	U12 for 10 and 11 year olds
LAW I <i>The field</i>				
a. Dimensions	Length 25 yards, Width 20 yards	Length 50 yards, Width 30 yards	Length 50 yards, Width 30 yards	Length 80 yards, Width 45 yards
b. Markings	Field will be marked by small cones every 5 yards	Halfway line shall be marked. Center circle with a eight(8) yard radius. Four corners arcs each with a two(2) foot radius. Goal area: six(6) yards from each goal post and six(6) yards into the field of play, will be the goalie area.	Halfway line shall be marked. Center circle with a eight(8) yard radius. Four corners arcs each with a two(2) foot radius. Goal area: six(6) yards from each goal post and six(6) yards into the field of play, will be the goalie area.	Halfway line shall be marked. Center circle with a eight (8) yard radius. Four corners arcs each with a three (3) foot radius. Goal area: six (6) yards from each goal post and six (6) yards into the field of play, will be the goalie area. Penalty area: fourteen (14) yards from each goal post and fourteen (14) yards into the field of play. Penalty spot: eight (8) yards out from center goal.
c. Goals	4' x 6' (PUGG goals)	6' x 12'	6' x 12'	6' x 21'
LAW II: <i>The ball</i>	size 3	size 3	size 4	size 4
LAW III: <i>Number of players</i>				
a. Max. # players on field	3 v 3	4 v 4	5 v 5	8 v 8
b. Max # of players on roster	6	8	8	-
c. Goalkeepers	No	No	Yes	Yes
d. Substitutions	Allowed anytime	Allowed anytime	Allowed anytime	Prior to throw-in, in your favor. Prior to a goal, kick, by either team. After a goal, by either team. After an injury, by either team, when the referee stops the play.
e. Playing time	Equal for all players	Equal for all players	Equal for all players	Equal for all players
LAW IV: <i>Players Equipment</i>				
a. Footwear	Soft cleated shoes or sneakers	Soft cleated shoes or sneakers	Soft cleated shoes or sneakers	Soft cleated shoes
b. Shinguards	MANDATORY	MANDATORY	MANDATORY	MANDATORY
c. Jewelry	NO jewelry - health bracelets are ok	NO jewelry - health bracelets are ok	NO jewelry - health bracelets are ok	NO jewelry - health bracelets are ok

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LAW V: <i>Referees</i>	Coaches. Duties: keep time, enforce the rules, stop and restart play. When you stop play for a foul, take time to explain why.	Coaches. Duties: keep time, enforce the rules, stop and restart play. When you stop play for a foul, take time to explain why.	Coaches. Duties: keep time, enforce the rules, stop and restart play. When you stop play for a foul, take time to explain why.	Certified referee, preferred.
LAW VI: <i>Assistant referee</i>	Not used.	Not used.	Not used.	Use of linesmen permitted.
LAW VII: <i>Duration of game</i> a. Quarters b. Between quarters break c. Half-time break	4 8' quarters 2' approximately 5' approximately	4 10' quarters 2' approximately 5' approximately	4 12' quarters 2' approximately 5' approximately	4 15' quarters - 5' approximately
LAW VIII: <i>The start of play</i>	Opponents must be three (3) yards from the center mark.	Opponents must be eight (8) yards from the center mark.	Opponents must be eight (8) yards from the center mark.	Opponents must be eight (8) yards from the center mark.
LAW IX: <i>Ball in or out of play</i>	Ball must completely cross line to be out of play	Ball must completely cross line to be out of play	Ball must completely cross line to be out of play	Conform to FIFA rules.
LAW X: <i>Method of scoring</i>	Ball must completely cross goal line between posts and beneath crossbar to count	Ball must completely cross goal line between posts and beneath crossbar to count	Ball must completely cross goal line between posts and beneath crossbar to count	Conform to FIFA rules.
LAW XI: <i>Off-side</i>	No offside.	No offside.	Introduce offside rules.	Conform to FIFA rules.
LAW XII: <i>Fouls and misconduct</i>	No cautions or ejections shall be issued.	All fouls shall result in an indirect free kick with opponet five(5) yards away.	All fouls shall result in an indirect free kick with opponet five(5) yards away.	Conform to FIFA rules.
LAW XIII: <i>Free kicks</i>	All free kicks will be indirect, opponents must be three(3) yards away.	All free kicks will be indirect, opponents must be five(5) yards away.	All free kicks will be indirect, opponents must be eight(8) yards away.	Conform to FIFA rules, with the following exception: opponents must be eight(8) yards away from the ball.

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LAW XIV:				
<i>Penalty kicks</i>	No penalty kicks.	No penalty kicks.	No penalty kicks.	Conform to FIFA rules, with the following exception: opponents must be eight(8) yards away from the ball.
LAW XV:				
<i>Throw-in</i>	Replaced by a kicking - can introduce throw-ins later in the season	Throw-ins are introduced, both feet should be kept on the ground.	Conform to FIFA rules.	Conform to FIFA rules.
LAW XVI:				
<i>Goal kick</i>	If the team attempting to score a goal kicks the ball over the goal line outside the goal posts, the opposing team puts the ball back into play with a goal kick.	Goal kick may be taken any where within the goal area. Opponents must be five(5) yards away from the ball	Conform to FIFA rules.	Conform to FIFA rules.
LAW XVII:				
<i>Corner Kick</i>	If team defending goal last touches ball before it crosses goal line, the attacking team puts it into play with an indirect kick.	Opponents must be five (5) yards away from the ball. Corner kicks are indirect free kicks.	Conform to FIFA rules, with the following exception: opponents must be eight(8) yards away from the ball.	Conform to FIFA rules, with the following exception: opponents must be eight(8) yards away from the ball.

Opposing coaches and players should shake hands after each game.